

YOU HAVE THE POWER TO CHANGE OUR REALITY...

According to *Women for Women International*

1 in 4 teenagers, and 1 in 3 adults in the U.S. struggle to afford period products.

In some communities, it's seen that **64%** of women struggle to pay for menstrual products.

Not only can change help the women in your community- it can help your business.

Having menstrual products in your bathrooms helps create a more welcoming, supportive and intentional environment. This promotes business, as consumers are more likely to purchase when they feel thought of.

It's 2025- and high time for change.

WHAT CAN YOU DO TO HELP?

STOCK YOUR BATHROOM

1. Add a small holder in the bathroom. (Like a cup, decorative holder, or basket)
2. Supply with Tampons and Pads. (Go for middle sizing, like products labeled 'Normal' or 'size 3')



DONATE

Help Donate to our cause so we can stock public bathrooms, educate young women, offer relief to struggling women, and much more to spark change in our communities. Reach out through our email!

Reach out for questions, feedback, or progress made!

We would love to connect and partner with you.

cove.womens.health.initiative@gmail.com

747-344-6446

Cove: The Women's Health Initiative is a **student-led project** committed to expanding education and advocacy regarding all forms of **women's health, hygiene, and wellness**. Women's health should never be a whispered topic- it's our mission to **empower young women and communities** through understanding, discussion, and change.